

# O.A.S.A. High & Inside

The Official Newsletter of the Ontario Amateur Softball Association

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Editor Paddy Fitzgerald-Nolan 705-924-2952 [fitznol@hotmail.com](mailto:fitznol@hotmail.com)  
Electronically sent by Jeff Geddes [jeffgeddes@sympatico.ca](mailto:jeffgeddes@sympatico.ca)

## UPCOMING EVENTS



# Springboard

### Player Skills and Coaching Sessions

#### East Session

Saturday April 17, 2010

Napanee Community Centre  
(Old Arena)  
170 York St.  
Napanee Ontario

#### West Session

Saturday April 24, 2010

Huron Heights Secondary School  
1825 Strasburg Road  
Kitchener Ontario

## 2010 O.A.S.A. Skills Development Camp

In regard to a recent email distributed by Scott Tuttle we wish to clarify and provide additional information concerning the OASA Evaluation and Skills Development Camp to be held in Cobourg in May 2010. At the present time there is **NO TEAM ONTARIO** due to the fact that Softball Canada has not as yet announced an Under 19 event in 2013.

This camp will be used to identify and develop possible athletes for Softball Canada's Junior National Team and to be ready to form a Team Ontario **SHOULD** the Under 19 event occur in 2013.

The OASA has a responsibility to contribute to the development of our athletes in Ontario, and this camp is a terrific spring board to the Softball season.

**ALL CHEQUES** should be made payable to the **OASA** and together with the completed forms should be forwarded to Paddy Fitzgerald - Nolan, OASA Treasurer, Box 369, Warkworth On. K0K3K0

R.D.Abbot  
Chairman - OASA Athlete/Coach Development Committee

### **2010 O.A.S.A. Skills Development Camp**

#### Friday May 21, 2010-03-18

- Registration at Legion Fields in Cobourg (4:00– 4:45)
- Meet and greet staff along with guest coaches
- Separate athletes into teams and play double header or 10 inning game

#### Saturday May 22- 9:30am - Warm up and stretch

#### Saturday May 22 - 10:00am

- Coaches and 7 pitchers go to diamond 3      - Coaches and 6 catchers go to diamond 2
- Group drills, 30 second throwing drill, base throwing drill, line throw drill
- Split players into two groups (one with 9 and one with 10). Drills will be run for 6 minutes each

Including instruction.

Infield ~ star infield drill, box throwing drill, lateral movement drill #1, player in the middle drill, lateral movement drill #2, charging drill, field and go drill.

Outfield ~ player in the middle drill, outfielders pick up drill, number ball drill, crossover reaction drill, blind toss drill, weave drill, overhead drill.

#### Saturday May 22 - 11:00am

- The 7 players with coach return and the other 7 pitchers go with him. The 6 players with coach return and are added to the two groups.
- Group drills, shuttle throw drill, grounders drill, hunter and hare drill. Those players who were in the infield now go to the outfield and those in the outfield now move to

The infield (repeat above drills).

#### Saturday May 22 - 12:00pm

- Base running, running through first base, lead offs, dive back (retreat slide), rounding a base

#### Saturday May 22- 12:30pm - Lunch

#### Saturday May 22 - 1:30pm - Advanced hitting, instruction and swings

- Individual stations players put into 4 groups of 5 and 2 groups of 6 and will rotate to another station every 20 minutes

Station #1 to #6 ~ Batting machine, Soft Toss Machine, Batting Tees

#### Saturday May 25 - 3:10pm Stick ball game 4 teams of 8 players each

#### Saturday May 25 - 3:30pm - Return to hotel (rest and dinner)

Saturday May 22 - 6:00pm - Leave for Legion Fields Park (light warm up)

Saturday May 22 - 6:30pm - Inter-squad game

Saturday May 22 - 8:30pm - Inter-squad game

Saturday May 22 - 10:30pm - Return to hotel

Sunday May 23 – 9:30am - Warm up and stretch

Sunday May 23 – 10:00 Coaches and 7 pitchers go off to diamond 3 Coach and 6 catchers go to diamond 2

- Group drills, base throwing drill, circle fly ball drill, double relay drill

- Split players into two groups (one with 9 and one with 10). Drills will be run for 6 minutes each

Including instruction.

Infield ~ Fungo fielding drill, lateral pickup drill, backhand toss drill, combination infield drill, infield action drill.

Outfield ~ Cover ball drill, slide and catch drill, outfield action drill, communication drill, give and go drill.

Sunday May 23 – 10:45

- The 7 players with Doug return and the other 7 pitchers go with him. The 6 players with Gil return and are added to the two groups.

Those players who were in the infield now go to the outfield and those in the outfield move to the

Infield. (Repeat the above drills).

Sunday May 23 – 11:30 - Lunch

Sunday May 23 – 12:30 - Infield/outfield strategies, cut off and relays, pick offs 1<sup>st</sup>/2<sup>nd</sup>/3<sup>d</sup>, rundowns

Sunday May 23– 2:00pm - Bunting – sac/drag/push, running slap

Sunday May 23 – 3:00pm - Meeting

Sunday May 23 – 3:30 - Depart for home

Coaches and Instructors

Dave Hoffman, Scott Tuttle, George Ryder, Jim Cowdrey, Mike Crawford, Bob Solomon, Steve Mitts, Scott Searle, Glenn Ford, Steve Jones.

All athletes are required to look after their own accommodations in the area, the staff and guest coaches will stay at a motel. The athletes will have their lunches provided on Saturday and Sunday, as well dinner will be provided on Saturday night. The athletes will receive a camp shirt at the registration on Friday night.

We plan on having some indoor facilities to use in case of rain; as well Legion Fields has a double batting cage for the athletes and coaches to use if we have a short spell of bad weather.

Scott Tuttle

## MINOR COMMITTEE

### Minor Committee Update

Your Minor Committee had a very productive meeting earlier this month. Thanks to the affiliated centers' support, the OA has secured tournament host sites for our three Minor Elimination tournaments, four Qualifying tournaments and at least one Provincial tournament for each division. It is always tricky accepting too many host sites for Provincials when teams are not positive which Provincial they would be seeded in until after the Elimination or Qualifying tournaments. Divisional Coordinators will keep their teams as informed as possible concerning potential Provincial sites. The OA appreciates the understanding of the affiliated teams as we work to field competitive and fair Provincial tournaments. Work is also progressing in determining sites for our Select Provincials as well. When the Stratford hosted Midget nationals are included, Ontario again should have a busy summer ahead for minor competitive tournaments.

A great starting point to our season will be the Springboard Clinics in Napanee on April 17<sup>th</sup> and Kitchener on April 24. Players, coaches and team officials are welcome to this April 17<sup>th</sup> and 24<sup>th</sup> kick off to the OA summer.

Activities are planned for both the ball players and the adults. Minor Committee members will be at each site to answer any questions you might have about the OA Minor season. The sooner our teams can affiliate the easier it becomes to plan and organize the summer tournaments. We look forward to seeing you at the clinic and on the ball field.

Bruce Young bruce\_h\_young@teksavvy.com 519-884-6960

### AFFILIATIONS

It is that time again to affiliate your team. Affiliations forms are available on the web-site or you can contact me directly. The due dates for affiliation are:

*Pee Wee, Bantam, Midget & Jr. Men – May 25*

*Intermediate Men, Senior Men & Masters – June 10*

*Jr. Mite, Mite and Squirt – June 15*

Mary Myers OASA Registrar – [mjnm@sympatico.ca](mailto:mjnm@sympatico.ca) 905-727-5139

## MEN'S COMMITTEE

### OASA Masters Provincial Championship

The OASA Masters division was created in 1996 and during the first three years of competition it was won by Cold Springs. In 2004 the Tournament became known as the Jack Cook Scholarship Classic in memory of Jack Cook long time OASA member whose long time service included President in 1985 & 1986, Registrar and AGM Chairman. In 2004, 2005 & 2006 the tournament was won by Alvinston. Each year, at the tournament, the Jack Cook award is presented to an individual who "Exemplifies Leadership and Sportsmanship on and off the field". Past recipients include Doug Charlton, Sam Forbes, John Kemp, Jodie Schnarr, Dana Seiling and Todd Uhrig. A contribution is made annually by the Host of the Tournament to the OASA Scholarship Fund. Scholarships are presented each year at the OASA AGM. The Tournament has raised approximately \$7000 for the Scholarship Fund since 2004.

*A number of specific rules for the Masters Tournament have been created over the years, primarily from participating teams, and include:*

*All players must be 40 years of age in 2010*

*Masters Teams may sign 20 players*

*The ISC pitching rule will be used*

*Any player on a 2010 Senior OASA team is not eligible to play Masters*

*Each Team is allowed to sign 3 players age 35 to 39 that is not on a 2010 OASA Senior or ISC roster and will not pitch*

*Pitchers on an ISC/Senior Canadian Roster during the 2009 season are not eligible to participate in the 2010 OASA Masters Provincials.*

*ORSA players are allowed to play in the Masters category provided they have written approval from the ORSA and they meet all OASA eligibility requirements*

*The 2010 Masters Tournament will once again be held in Niagara Falls on July 16, 17 and 18. Teams should contact OASA Registrar, Mary Myers at 905 727 5139 regarding registration.*

## **NEWS RELEASE**

### **WIN \$500 FOR YOUR SOFTBALL ASSOCIATION WITH AN S.A.F.E. AWARD!**

NORTH YORK, ONTARIO- Softball Ontario wants to remind Softball Associations across Ontario that there are only eight (8) days remaining for your Softball Association to apply for a Softball Association Fundamental Excellence (S.A.F.E.) Award! With the help of the Ontario Trillium Foundation, Softball Ontario is pleased to provide you with the opportunity to win an S.A.F.E. Award of \$500 for your Softball Association!

#### **What is an S.A.F.E. Award?**

A Softball Association Fundamental Excellence Award is an award of \$500 for Softball Associations to use in one of four (4) categories:

- *Volunteer Development*
  - *Awards can be used towards holding one of Softball Ontario's Certified Softball Administrator Program Workshops to help train members of your Board of Directors or Executive Committee*
- *Community Coach Development*
  - *Awards can be used towards hosting a 'Learn to Coach' NCCP Clinic or a 'Keep Coaching' NCCP Clinic*
- *Competitive Coach Development*



- Awards can be used towards hosting a 'Competition – Introduction, Softball' NCCP Clinic ('What to Coach' or 'How to Coach')
- *Umpire Development*
  - Awards can be used towards hosting a Junior Development, Intermediate Development, or Level 1 Umpire Clinic

The Awards will help your Softball Association to train volunteers for the 2010 softball season, thereby increasing your volunteer capacity and the quality of your programs.

If your Softball Association receives a S.A.F.E. Award, you will also receive a special logo in recognition of your achievement that you can display proudly on your web site to show your players your commitment to excellence. In addition, the S.A.F.E. Award will help your Softball Association to work towards receiving your S.A.F.E. Star Rating!

#### **How do I apply for an S.A.F.E. Award?**

There are only two (2) steps to applying for an S.A.F.E. Award:

- **Step 1:** *Become a member of the Play Softball Network*
  - *It's free and easy to join! Contact Lisa Crompton at [lcrompton@softballontario.ca](mailto:lcrompton@softballontario.ca) or call 416-426-7150 for details.*
- **Step 2:** *Complete the S.A.F.E. Award Application Form and send it to the Softball Ontario Office*
  - *To qualify you must submit your Application Form by March 31, 2010*

If you would like to find out more information about the Softball Association Fundamental Excellence (S.A.F.E.) Awards, the S.A.F.E. Star Ratings Program, or if you have any questions please contact Lisa Crompton at [lcrompton@softballontario.ca](mailto:lcrompton@softballontario.ca) or call 416-426-7150.

#### **AWARDS**

*Congratulations to "Peter Handley" winner of The Syl Apps Special Achievement Award. Peter will be receiving his award on April 15<sup>th</sup> at the Atlantis Pavilion Ontario Place, Toronto.*

#### **INSURANCE**

*O.A.S.A. team insurance is available by selecting the application on the O.A.S.A. website [www.oasa.ca](http://www.oasa.ca) or by contacting Ron and Sharon Taylor [srtaylor@heydon.com](mailto:srtaylor@heydon.com) 705-778-2637*

#### **OUR SPONSORS**

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*Please send your news article/stories/tournament information to Paddy Fitzgerald-Nolan [fitznol@hotmail.com](mailto:fitznol@hotmail.com) by the 25<sup>th</sup> of each month.*

*If you know of anyone interested in receiving the High & Inside electronically please send an email to [jeffgeddes@sympatico.ca](mailto:jeffgeddes@sympatico.ca)*